Grand River’s Physical Therapy department is a multi-faceted program with state-of-the-art equipment and caring, compassionate staff. In this brochure you will find an overview of services. Please talk to any staff member about your individualized needs and rehabilitation plans.

Paul Schultz, PT
Director of Rehabilitation Services
Expertise in manual therapy; Neuro-rehabilitation; low back pain

Amber Graby, DPT
Areas of specialty are Orthopedic Rehabilitation, Manual Therapy spine and extremities, Sport-specific Rehabilitation, and Certified Pool Operator.

Mandy Hively, MOTR
Occupational Therapist
Focus In: Upper extremity/hand therapy, neurological rehabilitation, wheelchair evaluations, employment testing and functional task training

Tom Barbata, DPT
Expertise includes working under the Movement Systems Impairment Model.

Samantha Winder, MS, ATC
Specializes in sports injuries and sport specific rehabilitation.

Heidi Reid, DPT
Aquatic therapist and certified instructor for Arthritis Foundation Aquatic Program.

Robert Vaughn, PT
Grand River Health and Safety Center, Battlement Mesa
Specialties in general orthopedics, sports rehabilitation, industrial rehabilitation, ergonomics.

Grand River Hospital & Medical Center
exceptional healthcare, locally

501 Airport Road • Rifle, Colorado 81650
970.625.6451
Aquatic Therapy
Aquatic therapy is a proven way to help meet your physical therapy needs for many injuries and illnesses. We are proud to offer a beautiful new pool and experienced water therapists. We will soon be offering an aquatic therapy program for arthritis patients—ask us about it!

Benefits include:
- Improved muscle tone and strength
- Improved endurance
- Increased cardiovascular function, circulation, flexibility, range of motion, balance and coordination

Neuro Rehabilitation
This type of physical therapy aims to help recovery from a nervous system injury and minimize any functional alterations from it. Patients suffering from the following may find benefit in this program:
- Stroke
- Neuromuscular disease
- Certain types of head trauma and spinal cord injury
- Brain tumors

Orthopedic and Sport Injury Rehabilitation
Our physical therapists can help you recover from orthopedic injury and surgery and a wide range of sports injuries through a one-on-one program tailored to your needs and goals. Patients who have had the following may benefit:
- Neck, shoulder, and back pain
- Carpal tunnel syndrome
- Knee, ankle, and hip pain
- Spinal fusion surgery
- Total hip and knee replacement
- Ankle reconstructions
- Rotator cuff injuries

Custom Shoe Orthotics
Getting fitted and ordering a custom shoe orthotic can properly align, support and reposition the heel, arch, muscles, ligaments, tendons, and bones in the feet to avoid and treat injuries. This can help relieve:
- Heel pain and plantar fasciitis
- Arch pain
- Pain caused by running, walking, and athletics
- Pain from trauma and sprains

Prosthetics Training
Our therapists can help you start moving in a new prosthesis. We can help with:
- Skin conditioning to prepare for the prosthesis
- Conditioning
- Learning to use the prosthesis

Modified Barium Swallow Studies
In conjunction with Grand River Radiology, our occupational therapy department offers modified barium swallow studies. These studies can help diagnose:
- Dysphagia
- Swallowing disorders

Occupational Therapy
At Grand River, our well-rounded occupational therapy program can help employees and employers get back to work. Services include:
- Injury care
- Functional Capacity Evaluations
- Workstation ergonomic assessments
- DOT physical exams

Activities of Daily Living Unit
A fully equipped bathroom, kitchen and bedroom for use in rehabilitation.

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